

# Kids' Adventures in Wellness

at the 



*Youth Leadership & Outdoor Adventure Experience for Newport Middle Schoolers, Grades 5-8*

**Saturday,  
September 19, 2026  
2:30 – 5PM**

**Newport County YMCA  
792 Valley Road  
Middletown, RI**



**FREE**  
Pizza &  
Healthy Snacks  
provided

## **Activities Facilitated by YMCA**

- Leadership development
- Outdoor adventures
- Ropes course
- Team-building challenges
- Exclusive use of the Newport YMCA Outdoor Adventure Center, pavilion, and gymnasium

**Prevention Plus Wellness information provided by Newport County Prevention Coalition to all participants.**

**Scan QRC to Register Today!**  
Preregister before September 9th



**Newport County  
Prevention Coalition**  
*Member of Rhode Island Regional Coalitions*



**Strategic Prevention  
Partnerships**  
*Providing a Path to Community Wellbeing*



[strategicprevention.org](http://strategicprevention.org)