

WATERCOLOR PAINTING WORKSHOP

Art-Based Trauma Healing, this workshop facilitated by Leslie Grant from the Women's Resource Center will provide a safe space where women and their families can create without judgement. Here, there is an emphasis on process not product. Fittingly, our theme will be Empowerment. Open to girls, women & their families in Newport County. This is a grant funded event and there will be a voluntary evaluation.



- ✔ No cost, all materials provided
- ✔ Beginner friendly
- ✔ Trauma informed facilitators
- ✔ A time to relax & bond

ART SPEAKS WHEN WORDS CAN'T



RSVP REQUIRED



**MAY 13TH, 2026
6:00-7:45 PM**

At The Portsmouth Public Library

2658 E Main Rd, Portsmouth, RI 02871

Contact: Georgie Allott, portsmouth@ripredvention.org

OR

Leslie Grant, lgrant@wrcbc.org