

# Newport County & Greater Rhode Island Behavioral Health Resource Guide

#### **Emergency or Crisis**

Dial 911 for emergency medical assistance.

### **Dial 988** for 24/7 mental health, suicide and/or substance-use crisis assistance.

Connects individuals experiencing or witnessing a mental health and/or substanceuse crisis to local, clinical services & offers immediate, confidential support via call, text, or chat. **988lifeline.org** 

#### Newport Mental Health 24/7 Crisis Line

401.846.1213 Option 1

The Samaritans of Rhode Island

Emergency suicide prevention assistance.

**401.272.4044** - 24/7 Crisis/Listening Line • 1.800.365.4044 - RI Toll-Free

BH Link - Triage Center

24/7 walk-in/drop-off facility for stabilizing emergency behavioral health services.

975 Waterman Avenue, East Providence

Call 988 • bhlink.org

**Crisis Text Line** 

Free confidential 24/7 text-based mental health support.

Text HOME to 741741 to connect with a volunteer Crisis Counselor

#### Domestic Violence & Sexual Assault - Newport County

Women's Resource Center - Newport

Crisis prevention center providing safe shelter, advocacy, and critical support for survivors of domestic violence.

WRC housing hotline: 866.236.2476 • wrcnbc.org

**Newport Housing Hotline** 

Nonprofit providing utility & rental assistance & emergency housing in winter months.

401.846.4896 • newporthousinghotline.com

#### Domestic Violence & Sexual Assault – Greater Rhode Island

Crossroads RI 24/7 Crisis Hotline

Nonprofit providing 24/7 emergency hotline and emergency shelter services.

401.861.2760 • crossroadsri.org

RI: Statewide 24/7 Helpline

Domestic violence hotline providing English, Spanish and interpretation services.

1.800.494.8100

Day One R.I.

Sexual assault services including victim advocacy, legal advocacy, counseling, and prevention education.

401.421.4100 • dayoneri.org

Elizabeth Buffum Chace Center

Community agency providing help for people experiencing domestic abuse.

401.738.1700 • ebccenter.org

#### Domestic Violence & Sexual Assault - National

National Domestic Violence Hotline

Hotline offering 24/7 domestic violence support available in English, Spanish and 200+ interpretation services.

Text START to 8878 • thehotline.org

RAINN (Rape, Abuse & Incest National Network)

Nation's largest anti-sexual violence organization offering support for survivors.

1.800.656.HOPE (4673) • rainn.org

National Child Abuse Hotline

Hotline providing 24/7 support for child abuse and neglect; interpretation services available.

1.800.422.4453 • childhelphotline.org

#### **Substance Abuse Treatment – Newport County**

Healthy Living in Recovery

Providing clinical services and holistic wellness for those struggling with addiction and co-occurring mental health conditions.

58 East Main Road, Middletown

1.888.344.4045 • 401.608.3322 • healthylivinginrecovery.org

**CODAC Behavioral Healthcare** 

Nonprofit providing outpatient treatment, recovery and prevention services including medication-assisted treatment.

93 Thames Street, Newport

401.846.4150 • codacinc.org/contact/newport

#### Substance Abuse Treatment - Newport County (continued)

YANA (You Are Not Alone) Newport County

Private nonprofit offering various 12-Step meetings & activities.

Check YANA Newport's website for an up-to-date 12-Step Meeting calendar.

770 Aquidneck Avenue, Middletown

yananewport.com • e-mail: yananewportinfo@gmail.com

Newport Mental Health: Substance Use Services

Certified Community Behavioral Healthcare Clinic providing recovery-oriented, evidenced-based, integrated group and individual treatment options.

401.846.1213 • newportmentalhealth.org

East Bay Recovery Center: Newport

Health and human services agency offering non-clinical recovery support services including all recovery groups, recovery coaching, 12-step meetings and wellness activities.

23 Marlborough Street, Newport

401.585.4756 • ebcap.org

#### Substance Abuse Treatment - Greater Rhode Island

#### **Anchor Recovery**

Community recovery center offering non-clinical peer substance-use support services including groups & connections to community supports.

310 Reservoir Avenue, Providence

401.889.5770 • anchorrecovery.providencecenter.org

890 Centerville Road, Warwick

401.615.9945

Rhode Island's Buprenorphine Hotline

24/7 telehealth service for initiation of buprenorphine treatment.

401.606.5456 • health.ri.gov/addiction

CODAC Corporate Office - Rhode Island

Nonprofit providing treatment, recovery and prevention services to individuals and families within local communities.

1052 Park Avenue, Cranston

401.275.5039 • codacinc.org

AdCare Rhode Island

Inpatient treatment services.

1950 Tower Hill Road, North Kingstown

325.231.4022

Outpatient treatment services.

400 Bald Hill Road, Warwick

401.583.6532 • adcare.org

#### Substance Abuse Treatment - Greater Rhode Island (continued)

Zinnia Healing Exeter

Inpatient and outpatient treatment.

251 Main Street, Exeter

855.485.1439 • zinniahealth.com/locations/zinnia-exeter

Ocean State Recovery Center

Outpatient treatment.

1524 Atwood Avenue, STE 244, Johnston

401.425.6070 • oceanstaterecovery.org

**Aware Recovery Care** 

In-home substance-use treatment.

1041 Ten Rod Road, Unit 8, North Kingstown

401.232.4166 • awarerecoverycare.com

Rhode Island's Center for Harm Reduction and Recovery Services (Weber/RENEW)

Peer-lead organization providing harm reduction and recovery support services.

South Providence / Pawtucket / Kennedy Plaza, Providence

401.383.4888 • weberrenew.org

#### Substance Abuse Treatment - National

#### SAMHSA's National Helpline

Provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

**1.800.662.HELP (4357)** • findtreatment.gov

#### **Alcoholics Anonymous**

Peer-led mutual-aid fellowship focused on abstinence -based recovery from alcohol-use • aa.org

#### **Narcotics Anonymous**

Peer-led mutual-aid fellowship focused on abstinence -based recovery from narcotic-use • na.orq

#### **Al-Anon Groups**

A mutual support program for people whose lives have been affected by someone else's drinking. • al-anon.org

#### **Nar-Anon Family Groups**

A mutual support program for people whose lives have been affected by a family member's addiction. • nar-anon.org

#### Adult Mental & Behavioral Health Treatment – Newport County

**East Bay Community Action Program** 

Outpatient behavioral health services.

6 John H. Chafee Boulevard, Newport

401.848.2160 • Psychiatric Emergencies: 401.246.0700 • ebcap.org

#### Adult Mental & Behavioral Health Treatment - Newport County (continued)

#### **Newport Hospital**

Psychiatry and behavioral clinical health services including inpatient, outpatient and residential treatment options.

Borden Carey Building, 20 Powel Avenue, Newport

401.606.0606 • brownhealth.org/locations/newport-hospital

#### **Newport Mental Health**

Community mental & behavioral health center providing outpatient and integrated health-home care services including mental & behavioral health treatment options. 42 Valley Road, Middletown

401.846.1213 • newportmentalhealth.org

#### Rhode Island Outreach (RIO) Team

Newport Mental Health's mobile outreach for mental health and/or substance-use emergencies serving Newport County & East Bay daily from 7 AM - 11 PM.

401.845.1213, option 1 or 988

## Adult Mental & Behavioral Health Treatment – Greater Rhode Island

#### **Butler Hospital**

 ${\it Inpatient, outpatient and partial-day mental and behavioral health treatment.}$ 

345 Blackstone Boulevard, Providence

**1.844.401.0111 – available 24/7 •** butler.org

#### Community Care Alliance of Rhode Island

Community mental and behavioral health center providing inpatient, outpatient and acute stabilization services.

800 Clinton Street, Woonsocket - Walk-ins welcome

Emergency and Crisis Intervention 401.235.7120

Non-Emergency Mental Health Services Screening and Intake Services -

Adults: 401.235.7121 • Children: 401.235.7410 • communitycareri.org

#### **Gateway Healthcare**

Community mental and behavioral health center providing inpatient, outpatient and acute stabilization services.

Charlestown/Johnston/Pawtucket

401.490.7320 • brownhealth.org/locations/gateway-healthcare

#### Life Stance Health

A mental healthcare company offering evidence-based, medically-driven treatment services for children, adolescents, and adults in an outpatient setting; available both in-person and via their digital health telemedicine platform.

888.919.9730 • lifestance.com/location/state/rhode-island/

#### Adult Mental & Behavioral Health Treatment - Greater Rhode Island (continued)

#### Thrive Behavioral Health

Community mental and behavioral health center providing inpatient, outpatient and acute stabilization services; walk-ins welcome.

Wawick/Warren

New clients: 401.732.5656 Mobile crisis unit: 401.738.4300

thrivebhri.org

#### **Providence Center**

Community mental and behavioral health center providing inpatient, outpatient and acute stabilization services.

528 North Main Street, Providence

New clients: 401.276.4020

Crisis stabilization unit (24/7): 401.383.5150

providencecenter.org

Mental Health Association of Rhode Island

Nonprofit promoting access to treatment and advocating to end mental health stigma.

345 Blackstone Boulevard, Center House, Room C-98, Providence

401.726.2285 • mhari.org

Interfaith Counseling Center of Rhode Island

Nonprofit offering mental health counseling sensitive to individuals of varying spiritual and faith backgrounds.

1520 Broad Street, Providence

401.314.0040 • interfaithri.org

National Alliance on Mental Illness: Rhode Island (NAMI R.I.)

Nonprofit providing education, trainings and services for individuals living with mental illness.

154 Waterman Street, Suite 5B, Providence

401.331.3060 • namirhodeisland.org

#### Children & Youth Support Services - Newport County

Boys Town - New England

National nonprofit offering foster family, in-home family and community support services.

58 Flanagan Road, Portsmouth

401.845.2250 • boystown.org/new-england

Child and Family R.I.

Nonprofit assisting vulnerable children, families, and seniors across Newport County.

31 John Clarke Road, Middletown

401.849.2300 • childandfamilyri.org

#### Children & Youth Support Services - Newport County (continued)

#### **Looking Upwards**

Nonprofit offering specialized services for children of any age – prenatal through young adult – facing diverse challenges.

#### Portsmouth

Administrative Offices:

1184 East Main Road, Portsmouth

401.847.0960 • lookingupwards.org

Services for Children, Families, and Schools

2974 East Main Road

401.293.5790 • lookingupwards.org

Tides Family Services - Newport

Nonprofit providing stabilizing acute crisis situations for youth ages 2 to 21.

221 Third Street, Suite 407, Newport

401.822.1360

Children's Mobile Response & Stabilization Services 401.615.9374 • tidesfs.org

McNeill's Children's Institute

Private practice offering pediatric occupational therapy and speech language pathology.

207 High Point Avenue, Portsmouth

401.683.8063

#### Children & Youth Support Services - Greater Rhode Island

Behavioral Health Services for Children & Youth

State agency providing behavioral health support and resources to parents and caregivers assisting in childcare.

3 West Road, Cranston

401.462.5274 • kids.ri.gov/behavioral-health

Family Service of Rhode Island

Nonprofit focusing on wraparound services that address social determinants of health including pathways out of poverty.

55 Hope Street, Providence - Clinical Office

401.519.2230 • familyserviceri.org

#### KidsLink RI

Behavioral health triage service and referral network in collaboration with Gateway Healthcare, Brown University Health, Hasbro Children's and Bradley Hospital.

1.855.543.5465 • brownhealth.org/centers-services/kids-link-ri

Rhode Island Department of Children, Youth & Families

State agency addressing issues related to child protection, behavioral health, and juvenile justice.

101 Friendship Street, Providence

401.528.3500 • dcyf.ri.gov

1.800.RI.CHILD (1.800.742.4453) - Child Abuse Hotline operates 24/7

#### Children & Youth Support Services - Greater Rhode Island (continued)

#### Rhode Island Parent Information Network (RIPIN)

Community health network providing free, confidential, multilingual information, education, training, and support to individuals, families, and children navigating health, education, and social well-being systems.

300 Jefferson Boulevard, Suite 300, Warwick

401.270.0101 • ripin.org

#### Rhode Island Student Assistance Services (RISAS)

Nonprofit network focusing on school-based prevention and mental health promotion by partnering with over 75 middle and high schools to deliver the Student Assistance Program, youth leadership development, and community coalition work.

931 Jefferson Boulevard, Suite 1001, Warwick

401.732.8680 • risas.org

#### **Parent Support Network**

Non-profit providing caretaker and family peer support & assistance navigating and accessing services.

535 Centreville Road, Suite 202, Warwick

401.467.6855 • psnri.org

#### Children & Youth Support Services - National

#### **National Runaway Safeline**

Responds to youth and families in crisis, serving as the national communications system for runaway and homeless youth.

1.800.RUNAWAY (1.800.786.2929) • 1800runaway.org

#### **Trevor Project**

Offering immediate crisis support for LGBTQ+ youth. Connect to a crisis counselor 24/7/365 anywhere in the U.S.

866.488.7386 • thetrevorproject.org

#### The Youth Line

Oregon-based, teen-to-teen crisis support and help line. Peer support available daily from 4-10pm PST (7 PM-1 AM EST). Adults available by phone at all other times.

Text: 'teen2teen' to 839863

877.968.8491 • theyouthline.org

#### **LGBTQ+ Support- Newport County**

#### **Newport Pride**

Nonprofit organization supporting and working with the LGBTQ+ community and its allies by advocating for equality, inclusive policies, safe spaces, resources & education. 42 Spring Street, Newport

401.767.4100 • newportprideri.org

#### LGBTQ+ Support - Nerwport County (continued)

#### **Rainbow Resilience**

LGBTQIA+ support group meeting every Wednesday at Newport Pride Center. Virtual meeting option available by request. Contact Andy Merritt for more information.

42 Spring Street, Newport

401.684.1699 • amerritt@riprevention.org • newportprideri.org/events

#### **Newport Out**

Organization showcasing Newport County as a welcoming haven for travelers who identify under the LGBTQ+ umbrella by providing local LGBTQ+ resources to explore confidently.  $\bullet$  newportout.com

#### **LGBTQ+ Support- Greater Rhode Island**

#### **Thundermist Health Center**

Federally Qualified Community Health Center (FQHC) providing comprehensive health services aiming to improve community health by removing barriers to care.

Woonsocket/West Warwick/South County

401.767.4100 • thundermisthealth.org

#### Pride in Aging RI

Nonprofit supporting LGBTQ+ senior citizens in Rhode Island through service, education & advocacy to foster understanding of aging.

1665 Broad Street, Cranston

e-mail: info@prideinagingri.org • prideinagingri.org

#### Youth Pride Inc. Rhode Island

Nonprofit supporting LGBTQ+ youth & young adults by offering drop-in center hours, basic-needs pantry, advocacy & counselling services.

743 Westminster Street, Providence

401.421.5626 • youthprideri.org

#### PFLAG - Greater Providence

Nonprofit organization providing support to LGBTQ+ people and their families through in-person and virtual meetings throughout Rhode Island.

1665 Broad Street, Cranston

Helpline: 401.307.1802

pflagprovidence@gmail.com • pflagprovidence.org

#### **LGBTQ+ Support - National**

LGBTQ+ National Help Center 1.888.843.4564 • lgbthotline.org

LGBTQ+ National Coming Out Support Line 888.688.5428

LGBTQ+ National Youth Talkline 1.800.246.PRIDE (7743) • qlnh.orq/talkline

LGBTQ+ National Senior Hotline 888.234.7243

LGBTQ+ Online Peer Support Chat Igbthotline.org/chat

Trevor Project Crisis Line - LGBTQ+ Youth

Text START to 678-678 • 1.866.488.7386 • thetrevorproject.org

#### Other Support Resources - Newport County

#### Conexión Latina Newport

Nonprofit providing advocacy for the Hispanic community in Newport by partnering with social services, education and government agencies.

170 Broadway, Newport

401.585.8165 • clnewport.org

#### East Bay Family Healthcare - Newport

Health and human services agency offering primary care providers in internal medicine, pediatrics, family medicine, and women's health.

6 John H. Chaffee Boulevard, Newport

401.848.2160 • ebcap.org

#### Fleet & Family Support Center - Naval Station Newport

Government agency offering critical support services, connection to local services and educational resources for Newport County military families.

1260 Peary Street, Newport

401.841.2283 • ffsc\_nwpt@navy.mil

#### **Turning Around Ministries**

Non-profit faith-based organization providing community-based services to under-served or at-risk persons including residents experiencing homelessness and formerly incarcerated persons.

40 Dr. Marcus Wheatland Boulevard, Newport

401.846.8264 or 401.846.0607 • tamri.org

#### **Edward King House**

Non-profit service organization serving the 50+ population of Newport County as a hub for resources and opportunities that support adult learning, independent living and an enriched quality of life.

35 King Street, Newport

401.846.7426 • edwardkinghouse.org

#### **Grandfamily Support Initiative**

Child and Family and Newport County Prevention Coalition collaboration offering a mutual support group for grandparents who are the primary caregivers for their grandchildren. Virtual meetings held 3rd Tuesday each month.

For meeting details, email gthompson@riprevention.org

strategicprevention.org/grandfamily-support

#### Lucy's Hearth

A 24-hour emergency and transitional shelter in Newport County serving children and their families who are experiencing homelessness.

19 Valley Road, Middletown

**401.847.2021** • lucyshearth.org

#### Other Support Resources - Newport County (continued)

#### **MLK Community Center**

A central service provider for at-risk individuals, families, and seniors. MLK Community Center fights hunger, promotes health, educates young and school-aged kids, supports families, and engages seniors.

20 Dr. Marcus Wheatland Boulevard, Newport

401.846.4828 • mlkccenter.org

Salvation Army: Southern Rhode Island Division

Charitable organization providing year-round essential-needs assistance open to all Newport County residents. Services include free meal programs & food pantry access.

51 Memorial Boulevard, Newport

401.846.3234 • newportri@use.salvationarmy.org

#### Other Support Resources - Greater Rhode Island

American Federation for Suicide Prevention (AFSP) RI

Nonprofit organization providing suicide prevention education to the public and supporting individuals who have lost someone to suicide.

#### 917.920.0639

Email: kconstant@afsp.org • afsp.org/chapter/rhode-island

#### Friendsway

Social services organization providing in-person peer support to children and their families experiencing bereavement.

765 West Shore Road, Warwick

401.921.0980 • friendsway.org

#### Other Support Resources - National

#### **Dial 211**

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more.

#### **995 HOPE**

Provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7.

1.888.995.HOPE (4673) • 995hope.org

#### Legal Advice

Provides legal information, lawyer profiles and a community to help individuals make legal decisions.

findlaw.com

# No Wrong Door Behavioral Health

