

Newport County & Greater Rhode Island
Youth Behavioral Health
Resource Guide

Emergency or Crisis

If you need emergency assistance, dial 911 immediately.

Newport Mental Health

Provides treatment for individuals experiencing mental health and/or substance use crises or are witnessing someone in crisis.

401.846.1213 • newportmentalhealth.org

988

Suicide and crisis lifeline in Rhode Island, offering 24/7 access to trained crisis counselors.

Call or text 988 • Chat: 988lifeline.org/chat

BH Link Hotline & Triage Center

Provides immediate treatment and recovery services as well as connections to long-term treatment options for all Rhode Islanders 18 and up experiencing a mental health and/or substance use crises. 24/7 access.

Call: 401.414.LINK (5465)

24-hour/7-Day Triage Center: 975 Waterman Ave., East Providence, RI
bhlink.org

Safe Contact: Peer Support for Youth

LGBTQIA+ Peer Support Group*

LGBTQIA+ peer-led support group for ages 16 and up.

Hybrid Meeting: Wednesdays, 2-3 pm,

Newport Pride Center, 241 Spring St., Newport.

Contact: Eve at evewc@hotmail.com • psnri.org

**Community-Specific Resource*

Safe Contact: Peer Support for Youth *(continued)*

MLK (L.E.A.D. Group – Love, Equity, Acceptance, Dreams)*

LGBTQIA+ youth invited to join this peer group any time. No RSVP necessary.

401.846.4828 x124

**Meets in person Wednesdays, 3pm, MLK Center,
20 Dr. Marcus Wheatland Blvd., Newport.**

**Contact: Mel Saunders, Community Programs Manager at
MSaunders@MLKCCenter.org • mlkccenter.org**

Boys Town National Hotline

A 24-hour, confidential hotline staffed by trained counselors for children of all genders. Teens, parents and others can get help with bullying, abuse, anger, depression, school issues, etc. Accredited by the American Association of Suicidology (AAS). Spanish-speaking counselors and translation services for over 100 languages available. Speech/hearing-impaired individuals can connect via email.

Email: hotline@boystown.org

800.448.3000 • Text VOICE to 20121 • boystown.org

Courage First Athlete Helpline*

Serves athletes, former athletes, parents, coaches, and sports communities through crisis response, mental well-being intervention, informational resources, and reporting guidance for concerns about emotional, physical, or sexual abuse. Courage First's team of athlete-centered counselors offer confidential assistance through calls, text, and online chat. Live chat available via website.

Specialized sports crisis counselors available Monday-Friday, 12pm-8pm PST (3pm-11pm EST). Calls outside of business hours routed to Childhelp National Child Abuse Hotline available 24/7.

Call or Text: 888.279.1026 • athletehelpline.org

LGBT National Help Center*

All support volunteers identify as part of the LGBTQIA+ family, and serve the entire community by providing free & confidential peer-support, information, and local resources through national hotlines and online programs.

Hotline available Monday-Friday, 4pm - 12am EST & Saturday 12pm-5pm EST. Peer & youth chat rooms available via website.

800.246.7743 • lgbthotline.org

Love Is Respect

Disrupts and prevents unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources. Peer advocates available 24/7 to support teens with concerns about dating violence.

866.331.9474 • Text LOVEIS to 22522 • loveisrespect.org

***Community-Specific Resource**

Safe Contact: Peer Support for Youth *(continued)*

National Association of Anorexia Nervosa & Associated Disorders (ANAD)*

Provides a free peer support community to help anyone struggling with an eating disorder. ANAD provides referrals via email to professional eating disorder treatment providers within the U.S. This is a peer-led service; referrals are not made by clinicians or mental health professionals.

**Peer support available Monday-Friday, 9am-9pm CST (10am-10 pm EST)
888.375.7767 • anad.org**

Rape Abuse & Incest National Network (RAINN)*

RAINN is the nation's largest anti-sexual violence organization; comprised of experts in victim services, public education, public policy, consulting services, and technology. Provides services for survivors; informs and educates the nation about sexual violence, and improves the public policy and criminal justice response to sexual violence.

**800.656.HOPE (4673) • Chat: online.rainn.org • Español: rainn.org/es
rainn.org**

Runaway Safeline

Crisis line for youth thinking about running away, for youth already on the run, and for adults worried about a runaway. 24/7 help available.

1.800.RUNAWAY (1.800.786.2929) • Chat: 1800runaway.org

Teen Line

Provides support, resources, and hope to young people through a hotline of professionally trained teen counselors, and outreach programs that de-stigmatize and normalize mental health.

**Peer support available nationwide from 6pm - 10pm PST (9pm-1am EST)
800.852.8336 • teenline.org**

Trevor Project*

Immediate crisis support for LGBTQ youth. Connect to a crisis counselor 24/7/365 anywhere in the U.S via text, chat, or phone. The Trevor Project is 100% confidential and 100% free.

866.488.7386 • Text START to 678-678 • thetrevorproject.org

The Youth Line

Oregon-based, teen-to-teen crisis support and help line. Peer support available daily: 4pm - 10pm PST (7pm - 1am EST). Adults available by phone at all other times. YouthLine may contact other agencies to ensure the best support and safety for the young person in crisis.

877.968.8491 • Text 'teen2teen' to 839863 • theyouthline.org

Safe Contact: Peer Support for Youth *(continued)*

Trans Lifeline

Provides trans peer support for our community that's run by and for trans people. Spanish-speaking support available.

877.565.8860 • Peer support available Monday-Friday, 1pm – 9pm EST
translifeline.org

Safe Response: Mobile Youth & Caregiver Services

Newport Mental Health's Rhode Island Outreach Team (RIO)

Specially equipped van and staff respond to behavioral health crises in Newport County & the East Bay. No fees. Avoid hospitalization and law enforcement through crisis de-escalation and connecting individuals to appropriate services. RIO consists of behavioral and medical specialists.

Hours: 7am -11pm

401.846.1213 – option 1 • newportmentalhealth.org

Tides Family Services' Children's Mobile Response & Stabilization Services (MRSS)

Brief intervention model for stabilizing acute crisis situations for youth ages 2-21. Assessment and referrals to appropriate treatment providers. Clinicians, behavioral assistants, and peer specialists work to prevent unnecessary hospitalizations, police interventions and/or out of home placement. Youth and families will remain open for a maximum of 30 days to help stabilize and make connections to needed services.

Clinician on-call 24/7 • **401.615.9374** • tidesfs.org

Safe Place To Be: Spaces for Youth

Boystown New England's Bazarsky Campus

Serves adolescents and young children at its Bazarsky Campus in Portsmouth; offers Foster Family Services, In-Home Family Services and Community Support Services. Reunification services available to help them make a smooth transition back to families and maintain and improve treatment gains.

58 Flanagan Rd., Portsmouth, RI
401.845.2250

Haus of Codec

Provides safe housing space for youth ages 18 - 24; helps youth find permanent housing solutions and workforce development opportunities. The shelter space hosts a food and clothing pantry, a self-service kitchen, a shared bathroom, access to essential services through partner providers, and a sense of community. Transitional housing program is available by RI Coordinated Entry System referral only (RI CES: rihomeless.org). Additionally the emergency shelter is temporary emergency housing for LGBTQIA+ youth ages 18 - 24. Residents are provided wraparound supportive services to transition youth into more permanent housing.

53 Broad St., PO Box 23360, Providence, RI 02903

401.484.7465 • Email: info@hausofcodec.org • hausofcodec.org

Home to Hope*

Provides targeted outreach, support, and advocacy services for unaccompanied homeless LGBTQ youth and young adults, and training to those working with youth; connects with youth and young adults (ages 13-24) on the street and in community spaces. Supports unhoused youth and young adults as they seek health and stability.

1070 Main St., Suite 304, Pawtucket, RI 02860

401.400.2188 • Email: hometohope@rihomeless.org

hometohoperi.wixsite.com/home

KidsLink RI

Bradley Hospital and Gateway Healthcare collaboration. Free, confidential phone line that connects parents and caregivers to an experienced clinician to help them access children's services in Rhode Island and determine the best place for treatment and counseling.

1.855.543.5465 (1.855.KIDLINK)

Access Center at Bradley Hospital

Clinicians are specially trained to perform evaluations for children and adolescents in need of inpatient, outpatient or partial hospitalization, and will direct each child to the most appropriate and effective services for his or her needs.

Access Center not open on weekends.

1011 Veterans Memorial Parkway, East Providence, RI

855.543.5465 • lifespan.org/centers-services/kids-link-ri

Safe Place To Be: Spaces for Youth *(continued)*

Sojourner House's Transitional Housing Programs*

Serves victims and survivors of domestic abuse, sexual violence, and human trafficking. Offers wraparound services such as support groups, emergency shelter, transitional and permanent supportive housing, sexual health advocacy, and emotional support. Helpline available 24/7.

THEIA (Trafficking Housing Empowerment Immigration Advocacy)

Transitional housing program for individuals and families impacted by domestic and sexual abuse and human trafficking. Short-term program with a typical duration of 6-24 months. Clients provided support, case management and advocacy.

TAY (Transitional Age Youth)

Provides transitional age youth (ages 18-24) with crisis housing and rapid rehousing. TAY works with clients to create action plans that outline goals related to education, employment, childcare and maintaining housing; assists clients in obtaining appropriate substance abuse, mental health, and/or medical services as needed.

Drop-In Center: 1570 Westminster St., Providence

Administrative, Education, and Outreach: 386 Smith St., Providence

401.765.3232 • Email: info@sojournerri.org • sojournerri.org

Youth Pride Inc. Rhode Island*

Nonprofit that serves as a drop-in space for youth; space has several video game consoles, laptops, Netflix, Hulu, and Spotify accounts can be accessed. Kitchen provides snacks and easy to prepare meals; youth are supervised while cooking; offers board games, a library filled with hundreds of LGBTQ+ literature to be borrowed and tons of arts and crafts supplies. Furniture in space donated by Cardi's Furniture. Youth Pride has a wide range of weekly support groups including LGBTQ+ Spanish speaking groups and Gender-Sexuality alliances. Visit website or email to learn more about current youth groups offerings.

743 Westminster St., Providence

401.421.5626 • Email: info@youthprideri.org • youthprideri.org

Safe Contact: Peer Support for Caregivers

Newport County Prevention Coalition's Grandfamily Initiative*

Collaborative initiative between Newport County Prevention Coalition and Child & Family; provides support groups for grandparents serving as primary caregivers for their grandchildren.

Virtual meetings 3rd Tuesday each month, providing access to available family resources, educational workshops, and mutual support for members.

Contact: Gregory Thompson, Regional Drug Free Communities Program at gthompson@riprevention.org

strategicprevention.org/grandfamily-support

**Community-Specific Resource*

Safe Contact: Peer Support for Caregivers *(continued)*

Conexion Latina's Education Navigation

Educational navigators will work with families with children from preschool age to 12th grade; assists in accessing and navigating education systems on behalf of Newport County's Hispanic community. Aids in preschool and K-12 registration process by helping to translate important information for parents and orient parents to the US and local educational system.

Call or text: 401.585.8165 • Email: info@clnewport.org • clnewport.org

Fleet & Family's Exceptional Family Member Program (EFMP)*

Helps military families navigate and connect to local services and resources; special consideration is taken for family members and/or children identified as demonstrating special educational and/or medical needs. Case liaisons provide access to services, support, and referrals to best support families and advocacy. Works in partnership with DCYF; non-clinical case management is provided to assist members in advocating for needs.

Contact: Jessica L. Hebert, Exceptional Family Member Case Liaison at Jessica.L.Hebert19.naf@us.navy.mil

Friends Way*

Provides in-person peer support to children and their families experiencing bereavement. Grief resources available on-line or available to borrow some of these publications from the FRIENDS WAY library.

Emergency & Crisis Intervention 401.235.7120

Non-Emergency Mental Health Services Screening & Intake Services

Contact: Ryan Loiselle, LICSW & Program Director at r.loiselle@friendsway.org • 401.921.0980 • friendsway.org

Parent Support Network's (PSN) Child & Family Peer Support

Run by parents and family members who have direct experience and knowledge with early childhood, schools and special education, behavioral health centers, child welfare and the juvenile justice system. Provides emotional support and helps caregivers navigate and access services and supports. Parents can complete a self-referral. Services are free of charge to families. Agencies can make referrals with consent.

401.467.6855 • psnri.org

PSN's Circle of Parents

Peer support group for parents, caregivers, and grandparents.

Virtual meetings on Tuesdays 7:15pm- 8:30pm. Zoom ID: 871 4072 5265

**Contact: Brenda Alejo, Associate Director at b.alejo@psnri.org
401.477.0016**

Safe Contact: Peer Support for Caregivers *(continued)*

PSN's Hybrid Fatherhood Group

Parent partners with lived experience available to assist fathers one-on-one. Collaboration with RI Department of Children, Youth & Families (DCYF) to help fathers complete their service goals on the path to reunification. Community and self-referrals are welcome. Fathers of all stages and backgrounds can benefit. Fatherhood group is available for any father seeking support or able to provide it; effective for dads going through divorce/separation, involved with DCYF, first time fathers, and more.

**Meets in-person, Wednesdays 5:30pm-7pm,
535 Centerville Rd., 3rd Floor, Warwick or virtually.
Contact: Tyrone Jackson at t.jackson@psnri.org**

Caregiver Resources: Clinical Services for Youth

Newport Mental Health's Walk-In Services for Children & Youth

Provides wrap-around services for any child ages 4 to 18 experiencing mental health and/or substance use challenges. Trauma-informed child and adolescent therapists provide an array of evidence-based therapies and services. Children, teens, young adults, and families welcome. Accepts most insurance and offers a sliding scale for uninsured.

Healthy Transition Services for Young Adults Ages 16-25

An early-intervention, team-based practice that provides developmentally appropriate services for youth at risk or currently experiencing mental illness and/or who may also have a co-occurring substance use disorder. Brief screening is required for entry into the program. Patient referrals accepted from physicians and counselors.

**42 Valley Rd., Middletown, Monday-Friday, 9am-2pm
401.846.1213 • newportmentalhealth.org**

East Bay Community Action Program's (EBCAP) Children & Youth Services

Provides support to children from before birth to age 25. Programs focus to improve health, social, and educational outcomes through the strengthening of parent-child relationships, evidence-based curriculum, and skill development.

**Newport Headquarters, 6 John H. Chafee Blvd., Newport
401.847.7821 • ebcap.org**

KidsLink RI

Bradley Hospital and Gateway Healthcare collaboration. Free, confidential phone line that connects parents and caregivers to an experienced clinician to help them access children's services in Rhode Island and determine the best place for treatment and counseling.

1.855.543.5465 (1.855.KIDLINK)

**Community-Specific Resource*

Caregiver Resources: Clinical Services for Youth *(continued)*

McNeill Children's Institute (MCI)

Provides pediatric occupational therapy (OT) to treat clients from birth-young adulthood. MCI conducts a full comprehensive assessment and determines individualized approaches. Offers state-of-the-art sensory rooms, assessments to identify strengths and needs, and customized plans in the areas of fine and gross motor, visual motor, visual perceptual, sensory processing, handwriting, typing, executive functioning and more.

1272 W. Main Rd., Middletown, Building 2, 2nd Floor

Email: admin@mci-ot.com

401.683.8063 • mcneillchildrensinstitute.com

Tides Family Services

Community-based programs to service youth ages 6-21 and their families.

Programs include strength-based counseling, structured recreation, cognitive behavioral therapy, after-school programming, and two small, licensed schools.

Email: contactus@tidesfs.org

401.822.1360

Caregiver Resources: Social & Educational Programs for Youth

American Federation for Suicide Prevention (AFSP) Southern RI

Provides innovative suicide prevention programs to educate the public about risk factors, warning signs & to support individuals who have lost someone to suicide.

Community-based programs & trainings available including More Than Sad: a 90-minute program that teaches parents & educators how to recognize signs of depression and other mental health problems; initiate a conversation about mental health with their child; and get help. This program focuses on parents and guardians of teen youth. This presentation is also available in Spanish.

Contact: Kerrie Constant, Area Director at kconstant@afsp.org

917.920.063 • afsp.org/chapter/rhode-island

Boys & Girls Club (BGC) Newport's Teen Center Programming

Provides a safe environment for youth and teens in Newport County ages 10-18.

North End Clubhouse, Florence Gray Center, 1 York St., Newport

401.847.4592 • bcgnewport.org

Looking Upwards*

Services for families of children with special healthcare needs; offers programs for children facing diverse challenges from birth-21 years. Specialists provide a variety of approaches to behavior management, behavioral health, autism and other early childhood developmental disabilities. Offers schools services to help school departments in creating student success; services include behavioral consulting, support with school-to-career transition and the provision of highly-trained paraprofessional staff.

Portsmouth Office, 2974 East Main Rd.

**Contact: Alexis Valory McHugh, Children's Services Administrator at vmchugh@lookingupwards.org
401.293.5790 ext. 330 • lookingupwards.org**

Dr. Martin Luther King, Jr. (MLK) Community Center

A central service provider for at-risk individuals, families, and seniors living in Newport County; fights hunger, promotes health, educates young and school-aged kids, supports families, and engages seniors. Programs include The Preschool at the MLK: an affordable licensed educational program for children 3-5 years of age & The After School Academy: a quality after school program for students ranging from kindergarten to 4th grade.

20 Dr. Marcus Wheatland Blvd., Newport

**Contact: Missy Davis, Education Director at mdavis@MLKCCenter.org
401.846.4828 ext. 117 • mlkccenter.org**

Newport County Prevention Coalition (NCPC)

Provides effective substance use prevention strategies, mental health advocacy, and treatment options to Newport County residents; local coalitions offer current substance-use prevention education, training, & materials including harm reduction strategies & free Naloxone training for any Newport County individual, school, business, or organization. See website for specific prevention programs & initiatives including Hidden in Plain Sight, Safe Homes: Underage Drinking, the Totally Preventable podcast, and more.

**Contact: Polly Allen, Director of Prevention at allen@riprevention.org
401.297.9534 • strategicprevention.org**

Newport County YMCA

Offers a variety of programs, classes, and services. YMCA programs bring people together to develop strong, positive relationships with others in their neighborhoods and communities. Provides a variety of youth sports programs & childcare options including summer & school year vacation camps for youth (K-8th grade). Membership to the YMCA is required.

**792 Valley Rd., Middletown, RI
401.847.9200 • newportymca.org**

***Community-Specific Resource**

No Wrong Door Behavioral Health (NWD)

An inter-agency behavioral health initiative that coordinates timely, high-quality, cost-effective, evidence-based mental health and substance abuse care to individuals and families in Newport County. Offers Adult & Youth Mental Health First Aid training where participants learn to recognize signs of mental health challenges in others and how to provide appropriate support. Training is free to Newport County residents.

Contact: Bridget Manning, Training Coordinator
at bmanning@riprevention.org
401.592.7669 • strategicprevention.org

The Steve Fund*

Focused on supporting the mental health and emotional well-being of young people of color. Works with colleges and universities, non-profits, researchers, mental health experts, families, and young people to promote programs and strategies that build understanding and assistance for the mental and emotional health of the nation's young people of color.

The Steve Fund, P.O. Box 9070, Providence, RI
Email: info@stevefund.org
401.373.2703 • stevefund.org

Coalition to Support Grieving Students*

Collaboration of leading professional organizations representing classroom teachers, principals, assistant principals, superintendents, school board members, and central office staff, student support personnel, and other school professionals; creates & shares industry-endorsed resources empowering school communities across America in the ongoing support of grieving students.

Contact: David J. Schonfeld, MD, Director National Center for School Crisis and Bereavement at info@grievingstudents.org
877-536-2722 • grievingstudents.org

Understood.Org*

Provides resources and support for children with learning and attention issues; offers personalized recommendations for parents & caregivers so people who learn and think differently can thrive in school, at work, and throughout life.

Email: info@understood.org • understood.org

**Community-Specific Resource*



Strategic Prevention Partnerships is a nonprofit organization based in Newport County, Rhode Island, dedicated to enhancing community health and well-being through proactive measures, education, support, and partnerships. Comprised of two integral branches, the Newport County Prevention Coalition focuses on substance use prevention, mental health advocacy, and holistic well-being across all age groups, while No Wrong Door spearheads an inter-agency effort aimed at providing accessible, evidence-based mental health and substance use care to individuals and families in Newport County.

No Wrong Door
Behavioral Health

P.O. Box 173 • Adamsville, Rhode Island 02801
strategicprevention.org/no-wrong-door