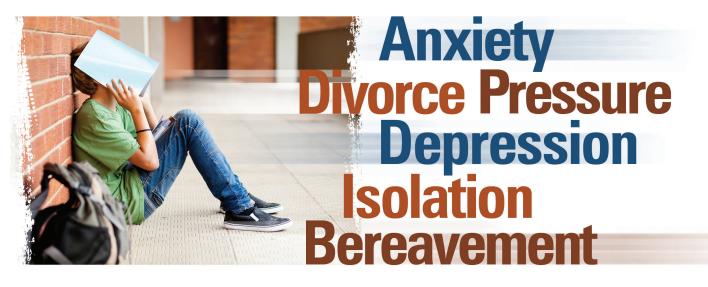
The Importance of Student Assistance Counselors



Anxiety, divorce, depression, isolation, bereavement and substance use. Many students come to school with more than backpacks filled with books. They carry the weight of worry and emotions that can affect their school life. It's no secret that today's society puts a lot of pressure on kids for academic success. When you combine this pressure at school with problems they are experiencing at home or with substance use, they may feel overwhelmed.

We have to address life events before a child can really focus on school. Some are good at detachment. They're able to leave family problems on the curb when they get on the school bus every morning. But many cannot and need to learn some coping skills. If you know a child is experiencing emotional struggles, a Student Assistance Counselor at school is there to help.

Student Assistance Counselors

Middletown

Stephanie Deane Middletown High School 401.846.7250 sdeane@mpsri.net

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Newport County Prevention Coalition Member of Rhode Island Regional Coalitions

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