

The Importance of Student Assistance Counselors



Anxiety
Divorce Pressure
Depression
Isolation
Bereavement

Anxiety, divorce, depression, isolation, bereavement and substance use. Many students come to school with more than backpacks filled with books. They carry the weight of worry and emotions that can affect their school life. It's no secret that today's society puts a lot of pressure on kids for academic success. When you combine this pressure at school with problems they are experiencing at home or with substance use, they may feel overwhelmed.

We have to address life events before a child can really focus on school. Some are good at detachment. They're able to leave family problems on the curb when they get on the school bus every morning. But many cannot and need to learn some coping skills. If you know a child is experiencing emotional struggles, a Student Assistance Counselor at school is there to help.

Student Assistance Counselors

Middletown

Stephanie Deane
Middletown High School
401.846.7250
sdeane@mpsri.net

Nadeira Ferreira
Gaudet Middle School
401.846.6395
nferreira@mpsri.net

Newport

Madelyn Beck, LMHCA
Thompson Middle School
401.847.1493 ext.2109
madelynbeck@npsri.net

Lisa Ruth
Rogers High School
401.847.6235 ext.7809
lruth@npsri.net

Portsmouth

Susan Kelly, LCSW
Portsmouth High School
401.683.2124 ext. 2510
kellys@portsmouthschoolsri.org

Laura Hosley
Portsmouth Middle School
401.423.3851
hosleyl@portsmouthschoolsri.org

Tiverton

Kelsey Vasconcelos
Tiverton High/Middle School
508.677.5162
kvasconcelos@tivertonschools.org

